

# COLLEGE MENTAL HEALTH EDUCATION PROGRAMS SPRING 2022

## JANUARY 24TH THRU MAY 4TH



Enroll Here

MONDAY

### Dungeons & Dragons

3:00-4:00pm EST

Connect with peers as you develop a fantasy world, role-play, & create characters in a world of limitless possibilities

**In person:**

940 Comm Ave

College Transfer Workshop Series

4:00-5:00pm EST

Jan. 31st - Feb. 28th

free workshop series supporting young adults to successfully navigate the college transfer process

**Hybrid: in person & online**

TUESDAY

### Structured Study Hall

1:00-3:00pm EST

A structured & supported opportunity for students to attend to coursework.

**Hybrid: in person & online**



LEAD for Collegiate Resilience:

3:30-5:00pm EST

Learn & practice critical academic, wellness strategies, work habits, communications & relationship skills for living well & balancing school & life responsibilities

**Online**

WEDNESDAY

### Arts & Community

3:00-4:00pm EST

Express your creative self here through various artistic projects & medias. All levels welcomed

**In person:**

940 Comm Ave

Healthy Relationships

4:00-5:00pm EST

Practice & develop skills critical for understanding, building & maintaining healthy interpersonal connections with individual in our communities

**In person:**

940 Comm Ave

THURSDAY

### Structured Study Hall

10:00-12:00pm EST

A structured & supported opportunity for students to attend to coursework.

**Hybrid: in person & online**



LEAD Espanol: 3:30-5:00pm EST

Learn & practice critical academic, wellness strategies, work habits, communications & relationship skills for living well & balancing school & life responsibilities

**Hybrid: in person & online**

FRIDAY

### MY Boston

2:00-4:00pm EST

Adventure through the city of Boston. Discover new spaces- parks museums, historical sites, & more- while building your network of same- aged peers.

**In person:**

940 Comm Ave

