

College Mental Health Education Programs at Boston University presents
SUMMER NITEO

## **SUMMER NITEO**

An intensive learning & collegiate resilience program dedicated to building community, wellness & readiness for higher education, work, and overall well-living





## **6 WEEK SUMMER SEMESTER**

Summer sessions are \$5000 with financial assistance available to students/families in need.



# **COMMUNITY AND CONNECTION**

Peer-led Activities: ranging in themes from music & board games to workouts & hangouts



## **SUPPORT & STURCTURE**

Daily Staff-Guided Study Hall: supportive spaces and structured time to complete assignments

## SKILL BUILDING CLASSES

Core classes engage students in group projects and learning as well as critical academic skills like writing and presenting.



For more information about the program, contact College Mental Health Education Co-Program Director Chelsea Cobb at clcobb@bu.edu (857) 225-0203