

Flourishing Families 2021

Join us for monthly listening & learning sessions to build tools and create a support network with other parents & caretakers of young adults. Panelists include mental health professionals, parents, students, & advocates.

Virtual Zoom Meetings: 777-951-1143 6:00 – 7:00 pm EST Monthly meetings on the third Wednesday

2021 Learning & Listening Session Topics:

February 17: Racial Justice & Mental Health March 17: Diagnosis Doesn't Predict Prognosis: Holding Hope April 21: Summer Plans: Creating Belonging over Breaks May 19: Maintaining Thriving Families June 16: Step In, or Step Back? How to Address Warning Signs

Participation is free. Register at <u>https://flourishingfamilies.eventbrite.com</u> All supports and caretakers of young adults are welcome. For more information contact Program Director Courtney Joly-Lowdermilk, 617-483-3827 or cjoly@bu.edu