

BU Center for Psychiatric Rehabilitation



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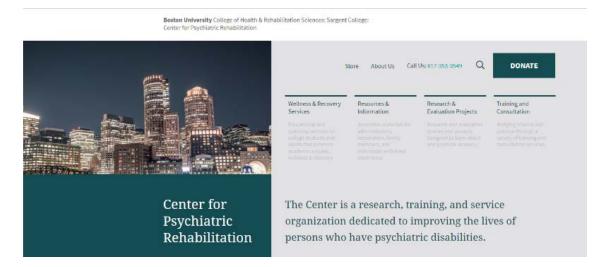


Black Lives Matter

At this anguished time, we would like our colleagues and friends to know that the Center for Psychiatric Rehabilitation stands firmly with individuals in the Black community as allies to address the pandemic of racism, structural inequalities, and racial discrimination.

In keeping with the Center's mission and values, we are working to educate ourselves and to develop and implement an antiracism agenda that will improve the Center as well as our work with mental health programs that serve communities of color.

We want our efforts to be thoughtful, meaningful, and most importantly, sustained. You can contact us at psyrehab@bu.edu, if you have any questions.



New CPR Website

Our website has a new look. While it may look a bit different, all of the familiar materials and content are still there. Please check it out at: <u>cpr.bu.edu</u>



New Grant Announcement

The Center has received a 3-year grant award from the National Institute on Disability, Independent Living and Rehabilitation Research called: *Testing the effectiveness of mainstream coaching to increase organizational commitment and job satisfaction and decrease turnover among mental health peer providers.*

The role of the peer specialist in mental health settings is a relatively recent addition to the workforce. As a result of this, peer support specialists often deal with a lack of role clarity and resulting burnout. We proposed and are now developing a coaching intervention to address these issues. We will begin recruiting for a randomized study that will begin in late spring or early summer. The coaching intervention (*Career Advancement for Peer Providers*, or CAPP) will be 16 sessions long, will occur using online platforms, and will be delivered by peer specialists who have been specifically trained in CAPP. As part of the study, we will examine outcomes such as job satisfaction and turnover, role clarity, and organizational commitment. If you want additional information, please contact E. Sally Rogers, Project director at <u>erogers@bu.edu</u>



New AMA and Archived AMAs on Podcasts

In case you missed it, we hosted a new Ask Me Anything on June 2nd with Al Bernier and Amy Gelb on the topic, The Job Market, Connecting with Employers, and the Benefits of Education.

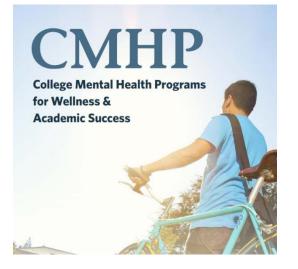
Our <u>Ask Me Anything about Employment webinars</u> are listed on our website by title and have been converted to podcasts on YouTube. In addition, here is a list of where you can listen to our AMA series.

- Anchor
- Breaker
- Google Podcasts
- Pocket Casts
- Radio public
- <u>Spotify</u>



Recent Articles Published by CPR Staff

A <u>list of articles</u> and book chapters written by Center staff for the first part of 2020 has been posted on our website.



College Mental Health Programs

Get Connected & College

Ready with the summer College Mental Health Programs at Boston University. Remote learning and community-building 5 days/week with options ranging from intensive college-readiness classes to free workouts and hangouts with your same-age peers. Email, call, or text to get started: 617-483-3827.



Technical Assistance Project

BU is looking for two or three additional agencies potentially interested in being involved in a year-long distance technical assistance project assisting organizations with improving their efforts to deliver employment outcomes to clients. If you want to find out more about this 12-month project, starting October 2020, please contact Joe Marrone at 503-331-0687 or joseph.marrone@gmail.com

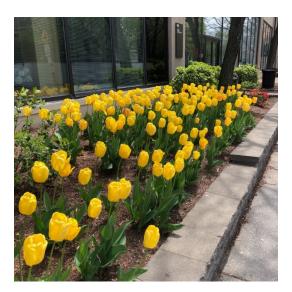


Free Recovery Toolkit Offer Extended

Due to the ongoing struggles due to the effects of the corona virus, we will continue to offer the Recovery Toolkit for free for those who register by September 15, 2020 and will be available for use until December 15, 2020. We ask those who do register for free to add to the resources listed

in the Toolkit and to respond to a brief survey that will be sent out via email on September 15th and December 15th to give us information about how the Toolkit was used.

Click here for more information.



Yellow Tulip Hope Garden In Bloom

Remember the tulips we planted outside of our Center's building, and the video in our April eCast showed the leaves just potting up? Well, here's a photo of the tulips in full bloom! They certainly brought hope to anyone walking by during this difficult period of time.



Are you following us on our Social Media?



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