

# The value of work for persons with mental health conditions

30 second training for Families

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## The value of work

- ▶ The meaning and **VALUE** of work is especially important for those with mental health conditions.
- ▶ Work adds to the **quality of life**, it helps to be part of the **community**, to **combat isolation**, to **interact with others**, to **earn money**, and it helps with **recovery**.
- ▶ With **SUPPORT** it is possible for those who want to work to achieve employment. There are different kinds of programs that provide vocational supports for people with mental health conditions.



## Why is work valued for people with mental health conditions? Choose the **BEST** answer.

- ❓ Work helps with recovery
- ❓ Provides income
- ❓ Adds to the quality of life
- ❓ Combats isolation
- ❓ All of the above



All of the answers  
were correct!!!





Good answer but  
there is a better one.  
Keep trying!



To learn more about employment and resources for support click on these links:

[BU center for psychiatric rehabilitation - family repository](#)

[IPS supported employment](#)

[one stop career centers](#)

[clubhouses: three levels of employment](#)

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