

4 Ways to help build readiness for work for persons with mental health conditions

30 second training for Service Providers

The development of this training was supported by:

- ▶ The National Institute of Disability, Independent Living and Rehabilitation Research (NIDILRR), Administration for Community Living – ACL &
- ▶ The Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA), United States Department of Health and Human Services



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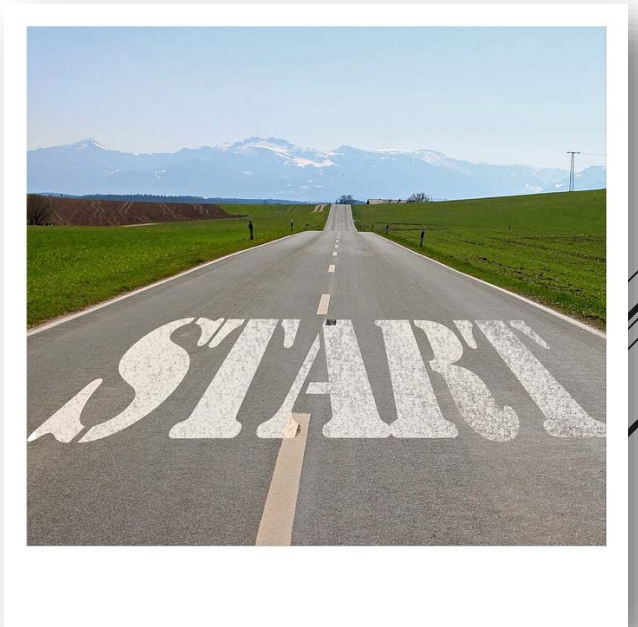
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What helps to increase readiness for work? force for recovery

Some activities that could be used as needed:

1. Identify strengths & interests in employment.
2. Complete a work readiness or skills development curriculum.
3. Complete an internship or volunteer work to practice the routine of work & learn to work with others.
4. Participate in a rehabilitation clubhouse work-ordered day.



Choose the **best** answer:

Which of these can help build readiness for employment?

- Work readiness curriculum
- Complete an internship or volunteer work
- Work ordered day at clubhouse program
- All of the above.



Yes but keep looking
for the **BEST** answer





YOU'VE GOT IT!
#4 "All of the above" is correct



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