

# 5 Ways to Supervise Employees with Mental Health Conditions

30 second training for Employers

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- ▶ The National Institute of Disability, Independent Living and Rehabilitation Research (NIDILRR), Administration for Community Living – ACL &
- ▶ The Center for Mental Health Services, Substance Abuse and Mental Health Services Administration (SAMHSA), United States Department of Health and Human Services



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## Achieve best work performance by providing...

1. Open & regular communication with employee
2. Clearly written job instructions & duties
3. Positive praise and reinforcement
4. Strategies to deal with conflict
5. Accommodations tailored to the individual



Click on **any** of the supervision practices that are recommended for employees with mental health conditions:

1. Clear expectations and written duties/tasks.
2. Positive praise & reinforcement.
3. Reminding employee to disclose to co-workers.
4. Strategies to deal with conflict.





**INCORRECT!**

This is not a good  
supervision practice





**CORRECT!**

This is a practice  
worth adopting



**Want to know more?**

**Consult the job accommodation network**

<https://askjan.org/media/Psychiatric.html>

For further information contact us at 617-353-3549