

# **Vocational Illness Management & Recovery: An educational approach to employment success – WHAT IT VIMR?**

30-second training for Service Providers



# Which of the following is one of the “take homes” of VIMR?

- The risks of employment
- How to find employment
- How to interview for a job
- How to prevent relapse while working





Not the correct  
answer, but keep  
looking





**YOU'VE GOT IT!**  
#4 "How to prevent relapse while working" is correct



# Vocational Illness Management & Recovery (VIMR) teaches people with mental health conditions how to:

1. Use practical facts about mental health conditions at work
2. Learn coping strategies at work
3. Build social connections at work
4. Prevent relapse while working
5. Perform their best at work



## Want to know more?

Join our webinar series: [“Ask me anything about employment”](#)

or check the [Employment Repository](#)

For further information contact us at 617-353-3549



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**Thank you for taking this short training. We hope you were able to learn something new and exciting.**

For more information contact us at 617-353-3549 or visit our website: <https://cpr.bu.edu/about/>

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