

Supporting People with Mental Health Conditions in their Vocational Recovery

30 second training for mental health service providers



Choose one important thing you can do to support a person in their vocational recovery

- Make sure they know the risks of employment.
- Make sure they know about employment resources for choosing, getting and keeping jobs.
- Help them write their resume.
- Help them understand their diagnoses and how it might limit them.





YOU ARE CORRECT !!

Resources for choosing,
getting and keeping a job
are most helpful





Not the best answer!
Keep on trying



Ways you can support vocational recovery

- ❑ Raise **awareness** of the value of work and its ability to give meaning and purpose to one's life.
- ❑ Provide **information and referrals** for people, places and things that can help the person choose, get & keep employment.
- ❑ Constantly provide **support, encouragement & persistent hope** for achieving meaningful employment.
- ❑ Teach **problem-solving skills** that relate to the work place such as conflict resolution.



Want to know more? Follow these links:

[EMPLOYMENT REPOSITORY](#)

[WHAT IS VOCATIONAL RECOVERY?](#)

For more information contact us at 617-353-3549



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Thank you for taking this short training. We hope you were able to learn something new and exciting.

For more information contact us at 617-353-3549 or visit our website: <https://cpr.bu.edu/about/>