

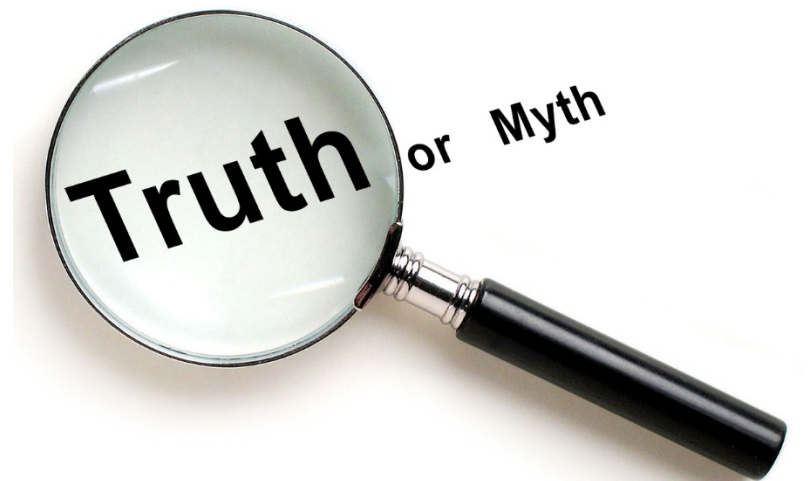
Myths and Facts about Work

30 second training for Family members



There is one TRUTH on this list. Can you find it?

- Work usually causes relapses
- Work usually results in the person losing all their social security benefits
- Work often improves recovery
- People with severe mental illness are unlikely to be able to work
- Most people with mental health conditions don't want to work





CORRECT ANSWER!!
Work was proven in
numerous studies to
support recovery





INCORRECT

You chose a myth,
meaning this was never
proven and is more of
a common false belief



Myths & Facts about Work for People with Mental Health Conditions

MYTHS

- ▶ Work causes relapse
- ▶ Work causes loss of benefits and ending up with less money
- ▶ Most people with mental health conditions DON'T want to work

FACTS

- ▶ Work helps recovery
- ▶ Work results in increased income
- ▶ Most people with mental health DO want to work

Next

Want to know more? Follow these links:

[Resources for Families from the Center for Psychiatric Rehabilitation](#)

[NAMI road to recovery](#)

[Your local vocational rehabilitation office](#)

[Working while disabled](#)

[American Job Centers](#)

[Clubhouses: Three levels of employment](#)

For more information contact us at 617-353-3549



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Thank you for taking this short training. We hope you were able to learn something new and exciting.

For more information contact us at 617-353-3549 or visit our website: <https://cpr.bu.edu/about/>