

November 2016 eCast

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The Center for Psychiatric Rehabilitation is recruiting participants for an internet survey about professional practices that can promote vocational recovery

Have you seen a vocational counselor or an employment specialist (or other vocational provider) in the past year to help you get or keep a job? If so, we would like your opinion about that experience.

Please visit the survey to participate.

[Book by Center staff]

Acceptance of Mental Illness: Promoting Recovery Among Culturally Diverse Groups

By Lauren Mizock and Zlatka Russinova

Acceptance of Mental Illness adheres to a recovery-oriented philosophy that understands recovery as not simply symptom elimination, but as the process of living a meaningful and satisfying life with mental illness. The book synthesizes research on this topic and offers extensive case histories gathered by the authors to provide readers with an understanding of the multidimensional process of acceptance of mental illness across genders, ethnicities, and sexual orientations. The aim is for clinical readers to be better equipped to support people with mental illness across culturally diverse groups to experience empowerment, mental wellness, and growth. Chapters focus on providing a historical overview of the treatment of people with mental illness, examining the

acceptance process, and exploring the experience of acceptance among women, men, racial-ethnic minorities, and LGBT individuals with serious mental illnesses. The book is a useful tool for mental health educators and providers, with each chapter containing case studies, clinical strategies lists, discussion questions, experiential activities, diagrams, and worksheets that can be completed with clients, students, and peers.

Save 30% at oup.com with promo code ASPROMP8.

More information about the book can be found at www.oup.com/us, Amazon.com, bn.com, or your local bookstore.

Self-Directed Skill Lessons for Getting Along with Others

5 out of the 6 bundles of Self-Directed Skill Lessons are complete!

- Skills for Participating in Groups and Classes
- Skills for Working Together
- Skills for Working with Supervisors/Teachers
- Skills for Socializing
- Skills for Being a Friend

One bundle of Self-Directed Skill Lessons that is being produced is:

- Skills for Difficult Situations

The [Self-Directed Skill Lessons](#) include outlines, examples, and practices in each skill lesson; and they are designed to walk an individual through how to perform the skill one step at a time. These skill lessons may be used by individuals in a self-directed way and by practitioners as part of a skill teaching curriculum.

For more information about the *Self-Directed Skill Lessons*, go to: </store/curricula/self-directed-skill-lessons/>

For any questions about this product, please contact Sue McNamara by e-mail at suemac@bu.edu or by phone at [\(617\) 358-2574](tel:(617)358-2574).

Online course on Job Development and Job Retention for Persons in Recovery

A course for Employment Specialists, Rehabilitation Counselors, Vocational Peer Specialists and others working to improve employment outcomes.

[Enroll in our 10-week online course](#), 5 online Modules and 6 web/discussion meetings. At the end of each Module is a test and a Discussion Board. The curriculum has been piloted in 4 states and has been delivered to ten additional classes of Employment Specialists throughout the U.S. and internationally.

Registration is open now for the next session beginning in December. Be sure to review the website for full information on this program. There is a fee for this course and some CEU's are available. For information or registration please [click here for the website](#) or contact the instructor, Joan Rapp, at [617-353-3549](tel:617-353-3549) or joanrapp@bu.edu.

[Find out more about the course.](#)

New Vocational Series in Psychiatric Rehabilitation and Recovery!!

A series of [vocational recovery curricula](#) is designed for teaching peers, practitioners, program managers, and administrators. These vocational curricula may be a resource for staff training, workshops, seminars, and skill-based university courses.

Vocational Illness Management and Recovery (VIMR) based on the wildly successful Illness Management and Recovery (IMR), includes a Provider's Guide, Participant Workbook, and Implementation Guide for Supervisors and Administrators.

Vocational Peer Support (VPS) a specialization for those delivering peer support, includes a Trainer's Guide, Trainee Handbook & Toolkit, PowerPoint Slides, and Implementation Guide for Supervisors and Administrators.

Vocational Empowerment Photovoice (VEP) using Photovoice tools to inspire people to consider work, includes a Leader's Guide and Workbook.

Empoderamiento vocacional a través de Fotovoz, the Spanish version of VEP, includes a Guia para el Lider y Guia para los participantes.

Designed for Use with Training Consultation from the Center for Psychiatric Rehabilitation. It is highly recommended that these vocational curricula are paired with installation and expertise training from our trainers at the Center for Psychiatric Rehabilitation. If you are interested in [training or consultation](#) about how to best use these vocational training materials in your program or agency, please contact psyrehab@bu.edu.

For any questions, please contact Sue McNamara by e-mail at suemacs@bu.edu or by phone at [\(617\) 358-2574](tel:(617)358-2574).

Fall 2016 Book Sale!!

75% off books, curricula & workbooks from BU's Center for Psychiatric Rehabilitation! [See the list.](#)

For any questions, please contact Sue McNamara by e-mail at suemacs@bu.edu or by phone at [\(617\) 358-2574](tel:(617)358-2574).

Online Technical Assistance Response for Employment Service Providers

The Center for Psychiatric Rehabilitation is currently offering an online technical assistance service to organizations providing employment services to people in mental health recovery. As a component of the Center's National Resource Center of Employment and Vocational Recovery, the service will be offered at no expense to the organization. The Substance Abuse and Mental Health Services Administration (SAMHSA) and the National Institute on Disability and Independent Living Research and Rehabilitation (NIDILRR) fund the project.

What is the focus of the service?

Assisting organizations to build program structures and components to address a range of individual and environmental factors that impact employment and vocational recovery outcomes including:

- Overcoming Stigma
- Employment Services to Special Needs/Underserved Populations
- Integrating the Peer Workforce
- Using Social Capital to Improve Employment Outcome
- Impacting Family and Provider Perceptions of Employment
- Financial Self-Sufficiency and Asset Management
- Benefits Counseling
- Engaging Employers
- Self-Employment and Micro-enterprise Pathways to Employment
- Peer-driven Social Marketing
- Recovery Oriented Employment Approaches
- Promoting Work-Life Balance for Employment Retention

- Peer Employment Support
- Career Development
- Integrating Individual Planning and Support with other Employment Services
- Integrating Employment and Treatment Services

How are the services provided?

The technical assistance will be provided through webinars, conference calls, and email. Following an initial exploration to establish the area of need, each organization will be matched with a consultant who has expertise in the topic area. With support from Center for Psychiatric project leader, the consultant and organization staff members will establish the goal of the technical assistance and develop a plan to guide the actions of the consultant and organization staff for accomplishing the goal. More than one technical assistance topic may be addressed and ongoing technical assistance activities will be provided for up to one year after establishing the initial goal. After conclusion of the technical assistance, the organization completes a brief online evaluation survey.

What were the outputs of the TA during the yearlong pilot?

- A training and individual support program to enhance participant knowledge about financial self-sufficiency and asset management
- Presentation slides designed to increase treatment providers' referral to and support of employment services
- A cadre of Peers supported and trained to present their personal employment success stories to other Peers, providers, family members in order to increase confidence and motivation to engage in employment services
- A comprehensive manual of best practice strategies and skills for engaging employers
- Informational support and guidance for effectively utilizing WICA and for selecting staff training programs on financial and medical benefits

How do I begin receiving the technical assistance or find out more about the service?

To learn more about the service or to begin the technical assistance process, contact:

Rick Forbess, Project Director
rforbess@bu.edu

LinkedIn Group: Employing People with Psychiatric Disabilities

If you are a person in recovery, employer, or supporter of people with psychiatric disabilities, we invite you to join the Center's new LinkedIn group. For more information, or to join, please visit our LinkedIn page.

This project was developed under a grant with funding from the National Institute on Disability, Independent Living, and Rehabilitation Research, and from the Center for Mental Health Services Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services (NIDILRR grant 90RT5029). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The contents of this project do not necessarily represent the policy of NIDILRR, ACL, HHS, and you should not assume endorsement by the Federal Government.