

May 2015 eCast

- “Ask Me Anything” Employment Series
- Online course on Job Development and Job Retention for Persons in Recovery
- A New Bundle is Available! *Self-Directed Skill Lessons: Skills for Working with Supervisors/Teachers*
- Psychiatric Rehabilitation Journal, Call for Papers: Special Issue on Cognitive Remediation
- Wellness and Resilience Program for College Students
- An Array of Recovery Products

“Ask Me Anything” Employment Series

National Resource Center on Employment

You’re invited to ask an expert about How to Achieve Financial Wellness while Working

On **Tuesday, June 23rd at 2 PM ET**, Oscar Jimenez-Solomon will, via webinar, answer any questions you have related to ways out of entry level jobs, opportunities for saving, tax credits, and financial services in the community.

This **free event** is not a presentation but an **interactive question & answer webinar**.

For example, you could ask questions about...

How to **develop a financial wellness plan** to achieve your life dreams through work and economic empowerment and:

- Gain more control over your personal finances
- Reduce dependency on programs that limit your choices
- Build your assets and financial security

What **services and supports** may be available in your community to help you:

- Receive Income Tax Credits while you work
- Increase income and keep some of your benefits

- Save without affecting your benefits (e.g., newly created Achieving a Better Life Experience – ABLE – Accounts that will allow savings above the \$2,000 Medicaid and SSI asset limits)
- Access affordable financial services (e.g., credit unions)
- Avoid credit traps and predatory lending

How to **tap into your peer and social networks (social capital)** to achieve your work and financial wellness goals.

Oscar Jimenez-Solomon is a Research Scientist and Research Coordinator at the New York State Psychiatric Institute Center of Excellence for Cultural Competence at Columbia University Medical Center. Oscar has authored and co-authored reports, book chapters, and training manuals in the area of mental and public health in the United States and Latin America. His experience includes consumer economic empowerment, language access, gender inequalities, and HIV/AIDS. Prior to his current position at the New York State Psychiatric Institute, Mr. Jimenez-Solomon was Director of Community and Economic Development at the New York Association of Psychiatric Rehabilitation Services, where he spearheaded the grassroots campaigns “We Can Work” and “We Can Save.” He is currently conducting a study to examine the financial capability of people in peer employment services and develop a culturally competent Peer-Supported Economic Empowerment intervention.

Online course on Job Development and Job Retention for Persons in Recovery

A course for Employment Specialists, Rehabilitation Counselors, Vocational Peer Specialists and others working to improve employment outcomes.

Enroll in our 10-week online course, 5 online Modules and 6 web/discussion meetings. At the end of each Module is a test and a Discussion Board. The curriculum has been piloted in 4 states and has been delivered to five additional classes of Employment Specialists throughout the U.S. and internationally.

This course, Job Development and Job Retention for Persons in Recovery, will begin on June 10th. Registration is open now. Be sure to review the website for full information on this program. There is a nominal fee for this course and some CEU’s are available. For information or registration please click here for the website or contact the instructor, Joan Rapp, at [617-353-3549](tel:617-353-3549) or joanrapp@bu.edu.

Find out more about the course.

A New Bundle is Available!

Self-Directed Skill Lessons: Skills for Working with Supervisors/Teachers

The skill lessons in [Skills for Working with Supervisors/Teachers](#) are:

- Assessing Task Performance
- Reporting Progress
- Sharing Self-Evaluations
- Requesting Feedback
- Responding to Feedback
- Recognizing Support Needs
- Disclosing Disability
- Requesting Accommodations

The [Self-Directed Skill Lessons](#) include outlines, examples, and practices in each skill lesson; and they are designed to walk an individual through how to perform the skill one step at a time. These skill lessons may be used by individuals in a self-directed way and by practitioners as part of a skill teaching curriculum.

For more information about the Self-Directed Skill Lessons, go to: </store/curricula/self-directed-skill-lessons/supervisors-teachers>

For any questions about this product, please contact Sue McNamara by e-mail at suemac@bu.edu or by phone at [\(617\) 358-2574](tel:6173582574).

Psychiatric Rehabilitation Journal

Call for Papers: Special Issue on Cognitive Remediation

The Editors of *Psychiatric Rehabilitation Journal* are soliciting papers for a special issue that will be devoted to the topic of cognitive remediation (or cognitive enhancement) for persons with a serious mental illness. High quality research is sought on the effects of cognitive remediation programs on cognitive functioning, psychopathology, psychosocial functioning, and service utilization in this population. We welcome treatment studies, including randomized controlled trials, quasi-experimental studies, and rigorous observational studies of individuals receiving novel applications of cognitive remediation. We are also interested in manuscripts that examine the putative mechanisms underlying the effects of cognitive remediation on outcomes (including

those that include neuroimaging or other approaches to characterizing brain activity), comparisons of different approaches to cognitive remediation, and studies of service utilization or the short- and long-term costs and benefits of cognitive remediation. Last, we are interested in papers that address policy issues related to the funding of cognitive remediation services, and qualitative papers that seek to examine the experience of participating in cognitive remediation.

Guest Editor Susan R. McGurk, Ph.D., Associate Professor of Occupational Therapy, Center for Psychiatric Rehabilitation, Boston University will oversee the special issue.

All papers will be peer reviewed, and should be submitted through the Manuscript Submission Portal, under the Instructions to Authors at <http://www.apa.org/pubs/journals/prj>. Submissions should follow the standard guidelines for PRJ. Please state in the cover letter that the manuscript is to be considered for publication for the special issue on co-occurring disorders in the criminal justice system. The deadline for submission of papers is September 15, 2015 with the plan to publish the special issue in 2016.

Wellness and Resilience Program for College Students

The Niteo Program, a Center for Psychiatric Rehabilitation initiative, is a wellness and resilience program for college students on leave for serious mental health challenges. Students living in the Boston area will attend classes at the Center and receive individualized, intensive coaching for one semester (September – December or January – April) to develop the health, academic skills, and support they need to reengage successfully at college and complete higher education. The Program offers one additional semester of follow-along services to ensure successful reentry and coordination of on-campus services.

Niteo, “thrive” in Latin, was developed by Dori Hutchinson and Larry Kohn, who’ve provided thirty years of innovative recovery services to young adults living with serious psychiatric challenges. Their work is driven by the philosophy and experience that people do recover and thrive as students when empowered to develop the critical skills and support required by competitive collegiate environments.

For more information about the Niteo Program, please contact Courtney Joly-Lowdermilk at cjoly@bu.edu or [\(617\) 358-7334](tel:6173587334), or visit <http://bu.edu/niteo>

An Array of Recovery Products

The Publications Division of the Center for Psychiatric Rehabilitation offers an array of books and curricula about recovery. You may view the compiled list our Recovery Products online at:

</app/uploads/2015/04/RecoveryProducts.pdf>

Ordering information is available on the Center for Psychiatric Rehabilitation website at [/store](#). For any questions, please contact Sue McNamara by e-mail at suemac@bu.edu or by phone at [\(617\) 358-2574](tel:6173582574).

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