

August 2015 eCast

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Workshop Series: Promoting Successful Employment for Persons in Recovery

Boston University Center for Psychiatric Rehabilitation invites you to attend a [series of interactive workshops on September 25, 27, 28, and 29th, 2015](#)

which will highlight important developments in the Employment of Persons in Mental Health Recovery. Each day the workshop will be on a different topic and all workshops will take place at the Four Points Sheraton Wakefield, 1 Audubon Rd., Wakefield, MA., a 17 mile drive from downtown Boston. The hotel is a 7 minute walk to the Market Street Lynnfield mall with over 20 dining options and 60 shops.

Workshops include:

• Vocational Peer Support

Presented by Debbie Nicolellis, M.S., CRC, Senior Training Associate, Boston University Center for Psychiatric Rehabilitation and Lyn Legere, M.S., CPRP, CPS, Recovery Training and Technical Assistance Consultant, Promise Resource Network, Charlotte, N.C.

This 1-day dynamic workshop will provide participants with a comprehensive overview of Vocational Peer Support concepts, skills, and tools. Participants will learn how peer specialists can: support employment and vocational recovery from the unique perspective of mutual peer support; gain advanced training in a new CPS specialization focused on supporting employment; learn about peer-oriented tools and strategies that can support people as they consider, choose, get, and keep work and school; and support Motivational Foundations for a vocational change.

• Role of the Family in Supporting Employment Goals

Presented by Kim Mueser, Ph.D., Executive Director; Marianne Farkas, Sc.D., Director of Training & Technical Assistance; Joan Rapp, M.Ed., CAGS, Training Specialist, Boston University Center for Psychiatric Rehabilitation.

This workshop will include a series of presentations, interviews and discussions focusing on the recovery and self-care of families', as well as their ability to support employment goals for their individual member in recovery. Family members will also be part of the team of presenters. Dr. Farkas will address ways in which family members can first take care of themselves so that they will remain resilient and better able to support their family member in mental health recovery as they begin to choose goals. Dr. Mueser will present material from his extensive work on family education and its impact family life and Ms. Rapp will address the role that families can play in supporting and promoting employment and vocational recovery. Family members will be interviewed to obtain their views on elements which helped in the vocational process as well as those which could have helped had they been available.

- **Thinking Skills for Work**

Presented by Susan McGurk, Ph.D., Associate Professor, Boston University Sargent College & Center for Psychiatric Rehabilitation. Jason Welsh, Research Associate, Mental Health Center of Greater Manchester, N.H.

Presenters will introduce this evidence-based practice, which is combined with Supported Employment to significantly enhance employment services, improve outcomes and help to reach those who have not done well in Supported Employment. The cognitive remediation approach combines computer practice and the teaching of compensatory strategies to optimize work functioning. This intervention is extremely important since the cognitive problems in persons with major mental health conditions are so common and can interfere with many domains such as social relationships, independent living and work.

- **VIMR: Vocational Illness Management and Recovery**

Presented by Dori Hutchinson, Director of Recovery Services; Marianne Farkas, Sc.D., Director of Training & Technical Assistance, Boston University Center for Psychiatric Rehabilitation.

This updated workshop will discuss a new intervention which is a modification of Illness Management and Recovery, a well-established evidenced based practice. IMR was modified at Boston University to better address the needs of those who are seeking employment or who are in employment VIMR was piloted also in Texas, Connecticut

and Colorado- these experiences will be summarized as well. Participants will learn about the VIMR approach, the modules of training and will have an opportunity to practice this approach in small and large group settings.

Visit the website for more information and registration!

Study on Vocational Recovery Competencies

Have you been working or did you work with a vocational provider? If so, your participation in this study would be invaluable.

Boston University Center for Psychiatric Rehabilitation is conducting a study which aims to identify the competencies needed by vocational providers (for example, employment specialists, vocational counselors, among others) to help people with psychiatric disabilities to get and keep jobs.

We are seeking feedback from individuals with the lived experience of a psychiatric condition who have worked with a vocational provider. We invite you to **participate in the survey!**

New!! Self-Directed Skill Lessons: Skills for Socializing

The skill lessons in [Skills for Socializing](#) are:

- Introducing Yourself
- Introducing Others
- Greeting Acquaintances
- Initiating Conversations
- Conversing about Social Topics
- Decoding Body Language
- Selecting Jokes

The [Self-Directed Skill Lessons](#)

include outlines, examples, and practices in each skill lesson; and they are designed to walk an individual through how to perform the skill one step at a time. These skill

lessons may be used by individuals in a self-directed way and by practitioners as part of a skill teaching curriculum.

For more information about the Self-Directed Skill Lessons, go to: </store/curricula/self-directed-skill-lessons>

For any questions about this product, please contact Sue McNamara by e-mail at suemac@bu.edu or by phone at (617) 358-2574.

Psychiatric Rehabilitation Journal Special Issue on Self-Stigma and Mental Illness

Guest Editors Alicia Lucksted and Amy L. Drapalski

The articles in this issue push forward the knowledge about and inquiry into the effects and dynamics of internalized stigma associated with mental illness as well as potential avenues and strategies for intervening to reduce it.

Articles include:

- From Discrimination to Internalized Mental Illness Stigma: The Mediating Roles of Anticipated Discrimination and Anticipated Stigma
Diane M. Quinn, Michelle K. Williams, and Bradley M. Weisz
- How Are Perceived Stigma, Self-Stigma, and Self-Reliance Related to Treatment-Seeking? A Three-Path Model
Kristen S. Jennings, Janelle H. Cheung, Thomas W. Britt, Kandice N. Goguen, Stephanie M. Jeffers, Allison L. Peasley, and Abigail C. Lee
- Understanding the Importance of “Symbolic Interaction Stigma”: How Expectations about the Reactions of Others Add to the Burden of Mental Illness Stigma
Bruce G. Link, Jennifer Wells, Jo C. Phelan, and Lawrence Yang
- The Relationship Between Stigma Sentiments and Self-Identity of Individuals With Schizophrenia
Jennifer M. Aakre, Elizabeth A. Klingaman, and Nancy M. Docherty
- Stigma of Taking Psychiatric Medications Among Psychiatric Outpatient Veterans
Jennifer E. Boyd, Josephine Juanamarga, and Parisa Hashemi
- ... and more!

The special issue on **Self-Stigma and Mental Illness** is available online at <http://www.apa.org/pubs/journals/special/6103802.aspx>

This project was developed under a grant with funding from the National Institute on Disability, Independent Living, and Rehabilitation Research, and from the Center for Mental Health Services Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services (NIDILRR grant 90RT5029-01-00 and 90RT5033-01-00). NIDILRR is a Center within the Administration for Community Living (ACL), Department of Health and Human Services (HHS). The contents of this project do not necessarily represent the policy of NIDILRR, ACL, HHS, and you should not assume endorsement by the Federal Government.