



**Functional
Assessment**

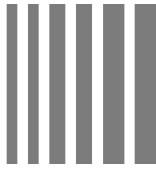
**Training
Module**

INTRODUCTION

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Introduction

Teaching time: 3 hours

Tell: Before getting started, I will orient you to the materials that will be used during the lesson.

Ask: Look at the Table of Contents for the Reference Handbook.

Tell: • Some REFERENCES are printed summaries of important lecture points and examples to be read during the lesson and kept for future reference.

• Other REFERENCES are written practice exercises and checklists to be completed during the lesson.

Show: SLIDE 1– Phases of Psychiatric Rehabilitation.

Tell: • PowerPoint SLIDES will be shown on the overhead screen.

• SLIDES are visual presentations of lecture points and illustrations to be viewed during the lesson.

• It will be helpful at suggested times to copy down information from the SLIDES.

Show: SLIDE 1– Phases of Psychiatric Rehabilitation. Read aloud the phases.

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Phases of Psychiatric Rehabilitation

- **Rehabilitation Diagnosis**
(Setting and Overall Rehabilitation Goal; Functional Assessment; Resource Assessment)
- **Rehabilitation Planning**
(Choosing High Priority Objectives; Selecting Preferred Interventions; Assigning Responsibilities)
- **Rehabilitation Interventions**
(Direct Skills Teaching; Skills Programming; Resource Coordination; Resource Modification)

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■■■■ **Make the Point:** There are three phases in the psychiatric rehabilitation approach: Rehabilitation Diagnosis, Rehabilitation Planning, and Rehabilitation Interventions.

Ask: Read the ingredients listed for Rehabilitation Diagnosis in SLIDE 1.

■■■■ **Make the Point:** • During the diagnosis phase, the practitioner diagnoses the consumer's skills and supports by Setting an Overall Rehabilitation Goal, conducting a Functional Assessment, and conducting a Resource Assessment.

• Functional Assessment is a primary part of a Rehabilitation Diagnosis.

Tell: The goal of this lesson is for you to form an accurate image of Functional Assessment.

Ask: • Complete REFERENCE 1 – Pre-Training Assessment Form.

• Put your name on the form.

• Answer the questions as best you can.

Collect: REFERENCE 1.


■■■■ **Make the Point:** Functional Assessment has the goal of evaluating the skills the individual needs to use to be successful and satisfied in a particular environment.

Show: SLIDE 2 – Definition of Functional Assessment. Read aloud the definition.

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Definition of Functional Assessment

Functional Assessment is developing an understanding of a person's functioning in the critical skills needed to be successful and satisfied in a particular environment.



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Tell: The name, “Functional Assessment,” was carefully chosen to reflect the major characteristics of the diagnosis.

Ask: What do you think the term “functional” reflects about the diagnosis?

Discuss: Several answers.

- **Make the Point:**
- Functional Assessment is an evaluation of the person’s functioning.
 - Functioning is the usual performance of everyday activities.
 - In the psychiatric rehabilitation approach, the focus of the Functional Assessment is on a specific aspect of functioning—skill functioning.

Ask: Read REFERENCE 2 – Example: Skills.

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Example: Skills

- Expressing Negative Feelings
- Planning a Meal
- Sewing
- Selecting a Job
- Conversing about Impersonal Topics

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