



In this edition of the eCast

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- Ask Me Anything Webinar



Is a postdoctoral research fellowship right for you?

A two-year postdoctoral research fellowship program in psychiatric rehabilitation and

vocational recovery from serious mental illnesses will begin in **July 2021** at the Center for Psychiatric Rehabilitation at Boston University.

Didactic seminars, extensive research practicum and annual stipend of \$50,000 are included in the fellowship. Applications are due **January 15, 2021**.

Contact: Dr. Zlatka Russinova at (617) 353-3549 or <u>zlatka@bu.edu</u>. More detail about the fellowship program is available at <u>cpr.bu.edu/research/postdoc-research-fellowships</u>



What's new in helping people think about and succeed in work? Plan to join us!

Wonder what researchers are finding out about employment for people with mental health conditions? Each webinar is designed to discuss a recent research study from the *Psychiatric Rehabilitation Journal.* The design of the webinar ensures a clear and relevant way to digest the information, even if you know little to nothing about research.

The first of three webinars in the series will look at "Work-Focused Cognitive Behavioral Therapy to Complement Vocational Services for People with Mental Illness: Pilot Study Outcomes Across a 6-Month Posttreatment Follow-Up." The lead author of this research, Dr. Marina Kukla, PhD, will discuss her study on December 7th, 2020 at 12:00 PM EST.

Register here: www.eventbrite.com/e/making-sense-of-employment-research-tickets-124113991289

New Products for You!

We have created ready-made skill lessons in the general category of skills for "getting along with others". These lessons are great to use during this time of social distancing and hybrid programs. Self-Directed Skill Lessons (SDSL) includes six skill bundles that are available for sale as PDF files at 50% OFF! Check out the following webpages for descriptions and download a free sample lesson for each one.

- 1. <u>Skills for Participating in</u> <u>Groups/Classes/Activities</u>
- 2. <u>Skills for Working Together</u>
- 3. <u>Skills for Working with</u> <u>Supervisors/Teachers</u>
- 4. Skills for Socializing
- 5. <u>Skills for Being a Friend</u>

Self-Directed Skill Lessons



The final bundle of SDSLs, called <u>Skills for Difficult Situations</u>, is now available for sale as PDF files also at **50% off!** Don't forget to review the <u>webpage</u> and download a <u>free sample</u> <u>lesson</u>. If you have any questions, please email: <u>cprbooks@bu.edu</u>.



By the time you hear from us again, it will be the new year! The AMA series will kick off with a timely and stimulating webinar about **Stigma in the**

Workplace. <u>Zlatka Russinova, PhD</u> the Director of Research at the Center, will answer questions about this topic. Plan to join us at **12:00pm EST on Thursday, January 21, 2021**. Be sure to watch for registration information.



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