

Latin verb: present active \ niteō \ bloom or thrive; shine

The Niteo Program assists students living with serious mental health challenges to develop the health, resiliency skills, and support they need to reengage successfully at college and complete higher education. Students work with college coaches who provide intensive coordination and planning to assist students in returning to college, focusing on cognitive remediation, mindfulness, stress-hardiness, wellness management, social connections, and academic skills.

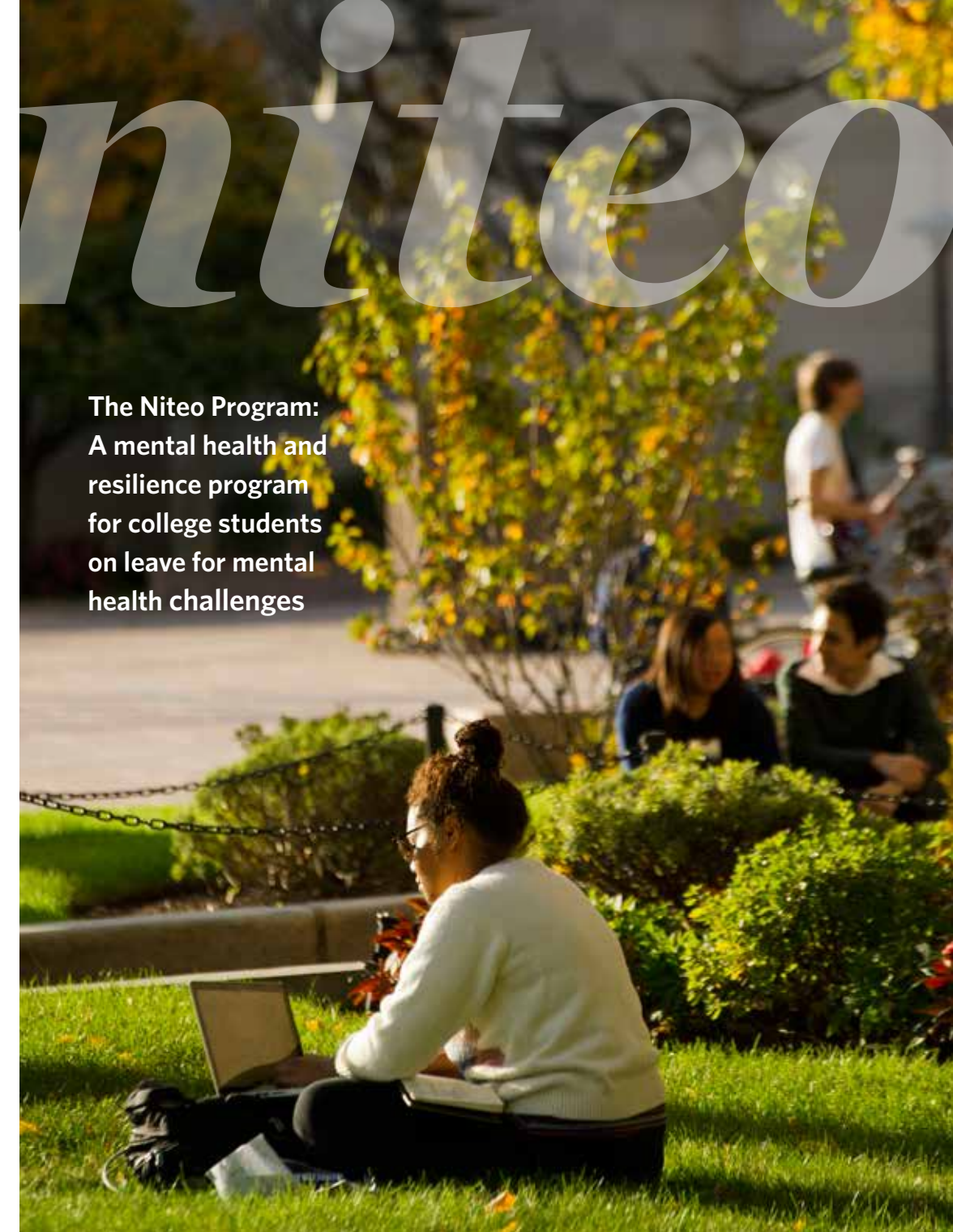


Boston University Center for Psychiatric Rehabilitation
The Niteo Program

940 Commonwealth Avenue West
Boston, MA 02215

niteo

The Niteo Program:
A mental health and
resilience program
for college students
on leave for mental
health challenges



Boston University Center for Psychiatric Rehabilitation
The Niteo Program



set goals



thrive



health & community

Students work individually with staff to develop personalized wellness plans that focus on their physical health and utilize Boston University's Fitness & Recreation Center. Students will also be guided through participation in volunteer or part-time work, receiving help throughout the process.

We provide:

- ✿ One semester (September–December or January–April) of individualized case management and two days of classes per week
- ✿ One additional semester of follow-along services to ensure successful school reentry and coordination of on-campus services
- ✿ Individualized, intensive coaching and assistance to aid students with the integration of necessary treatment and academic resources

What we are:

Located at Boston University (BU), the Niteo Program is a nonresidential program open to any student on leave from college or graduate school. Tuition for the 2014 Fall Semester is \$5,000. The program is partially funded by the Sidney Baer Foundation. **For more information, please contact Dori Hutchinson at dorih@bu.edu or Larry Kohn at kohnman@bu.edu. You may also call our office at 617-353-1124 or visit bu.edu/cpr/livingwell.**

Who we are:

Dori Hutchinson, ScD, CPRP, and Larry Kohn, MS, have worked together for 30 years, providing innovative recovery services to young adults living with serious psychiatric challenges. Their work is driven by the philosophy and experience that people do recover and thrive as students when empowered to develop the critical skills and support required by collegiate environments.



skills & support

Group courses teach critical coping methods and provide meaningful supports to increase resiliency, academic performance and reengagement, and social connections.