



Example: Content from the Proposal for this Workshop

Title of Presentation: *How to Give a Workshop*

Abstract:

Participants will learn the basic principles of designing and delivering a workshop. The workshop activities and handouts will guide participants through the process of sketching out a 90-minute workshop.

Presenters:

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Learning goals and objectives:

- Workshop participants will learn the basic principles of workshop presentation.
- Workshop participants will sketch out a proposal for a future workshop.



Summary of presentation:

1. Topical area

This workshop will provide new skills for people who wish to become leaders within PSR through delivery of workshops in their areas of expertise and experience. The new skills may be offered to management, direct service staff, consumers, and families.

2. Content of proposal

Although this workshop is submitted under the content category of administration and management, since it relates to staff training, skills in giving workshops also are applicable for consumers and families, direct services staff, empowerment and recovery, and knowledge exchange.

3. Format

This 90-minute workshop will include specific points on how to give a workshop. The presenters will instruct participants in both the general principles and essential steps of planning and delivering training in a workshop format. The workshop activities and handouts will guide participants through the process of sketching out a 90-minute workshop of their own. Presenters will model effective workshop presentation and will include the use of visual materials to enhance learning and interaction. This workshop could be offered in a 3-hour format.

4. Sensitivity to multi-cultural concerns

While cultural diversity is not a specific focus of this workshop, presenters will emphasize the need to consider multi-cultural concerns in the design and presentation of a workshop.

5. Techniques and strategies

As described above, workshop content, activities, and handouts are designed to prepare participants to write a proposal for a workshop on their return home. Completion of worksheets during the workshop creates an interactive environment, and gives participants a head start on proposal writing. Last year, input was gathered from reviewers of workshop proposals for the IAPSRs Training and Conference Committees, and suggestions regarding workshop content were incorporated.

6. Presentation based on research, experience, and PSR values

All three presenters have been participants in poorly-run workshops, and wish to contribute to overall improvement in quality, especially for future IAPSRs Annual Conferences. The presenters' experience in giving workshops is summarized below. The content of the workshop is based on presenter experience, including previous presentation of this workshop. By increasing the number of skilled presenters, the values of inclusion, empowerment, and choice can be enhanced at the IAPSRs Annual Conference.



7. Presenter experience

Patricia B. Nemeč has nearly 25 years of teaching experience, and is currently a Clinical Associate Professor at Boston University. She has been involved in the design and presentation of training in psychiatric rehabilitation for over 15 years.

Kathy Furlong-Norman is currently the Director of Resource Information Services at Boston University's Center for Psychiatric Rehabilitation. She has been coordinating and delivering training events for over 15 years.

C. Kenton Starr has over 30 years experience in the field, and has been involved in the design and presentation of training in psychiatric rehabilitation for over 12 years. Additionally, he has been an active member of the Intra CASRA Task Force for Training since 1987, and has served as Chairperson in the past year. He has extensive experience in organizing conferences, training sessions, and retreats focused on improving the skills of people working in the field of social rehabilitation. He has presented at conferences on such varied topics as crisis intervention, sexuality, assisted independent living programs, and consumers as partners in mental health programs.

Professional reference for Pat Nemeč and Kathy Furlong-Norman:

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Additional references are available on request, as are more extensive lists of experience.