

#### מינהל הרפואה אגף לבריאות הנפש Mental Health Services

## October, 20, 2015

To

John Tschida

Director, the National Institute of Independent Living and Rehabilitation Research,

Administration for Community Living

U.S. Department of Health and Human Services

and

Paolo Del Vecchio

Director, Center for Mental Health Services

Substance Abuse and Mental Health Services Administration

Please find attached a short report about the Impact of the Center for Psychiatric Rehabilitation in Israel under the leadership of Dr Marianne Farkas.

If I can be of further assistance, please let me know.

Sincerely,

#### Dr. Vered Kleinman – Baloush

Senior Manager of Training, Supervision Research and Quality

Department of Rehabilitation

Mental Health Division,

Ministry of Health (MOH)

Israel







מינהל הרפואה אגף לבריאות הנפש Mental Health Services

Report: Impact of the Center for Psychiatric Rehabilitation in Israel

For over a decade, the State of Israel and its mental Health rehabilitation policy has been attached to the world's most developed countries that made the transition from psychiatric hospitals into community mental Health integration.

Since 2000, the Department of Rehabilitation of Mental Health Division at the Ministry of Health (MOH) has developed a wide array of comprehensive rehabilitation services in the community in order to assist people with mental disability integrate into the normative community.

In 2002, the former Senior National Manager of Mental Health Rehabilitation at the MOH in Israel visited the Rehabilitation Research and Training Center, Center for Psychiatric Rehabilitation, Sargent College of Health and Rehabilitation Sciences at Boston University, and met with Professor Marianne Farkas. The manager returned from that visit with a range of ideas that helped Israel's mental health rehabilitation system to move towards a change and development of a comprehensive policy which insure implementation of an agreed upon model based on rehabilitation and recovery oriented services: i.e. A model for mental Health rehabilitation that must incorporate a number of elements to ensure that rehabilitation services are contemporary; able to meet the individual needs of consumers and carers; goal oriented and evidence based.

With the assistance, cooperation and funding of The Laszlo N. Tauber Foundation, the Center for Psychiatric Rehabilitation, under the leadership of Prof. Farkas, was invited to visit Israel since 2008, for the purpose of providing training to employees of the MHS rehabilitation services in the community and to give consultation to the senior staff of the Rehabilitation Department at the Ministry of Health regarding the development of professionalism of employees in the system, exposure to concepts and new perceptions and learning strategies to implement the policy of developing recovery oriented rehabilitation mental Health services.

Prof. Farkas and staff presented at training seminars that were attended by employees of rehabilitation services from various positions: Managers, case managers, supervisors, consumer



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providers and family members as well as policy makers in a variety of subjects: recovery; rehabilitation; case management; consumer providers; promoting rehabilitation and recovery oriented services; assessing and developing readiness; professional management and supervision based on the recovery model.

These trainings, based on the learning developed through the Rehabilitation Research and Training Center grants awarded to the Center for Psychiatric Rehabilitation, brought to Israel the conceptualization and the understanding beyond the conceptualization, such as the distinction between rehabilitation and recovery, between supervision and guidance. Prof. Farkas, through an uncanny ability to convey the materials coherently, allows a clear theory, practice structured processes (such as the construction and maintenance of rehabilitation programs, setting purposes) which are not always easy to understand and implement them and assist in translating them into action to built-in tools (eg, tool for assessing and developing readiness). Prof. Farkas shared the readiness material which we are very impressed with and think it is an extremely important tool for psych rehab practitioners in Israel to use. The goal is simply to provide people working in the field with a powerful tool to improve their work. That is why we continue to teach this tool, and other materials that we learned from Prof. Farkas, in the courses which are taught as part of the National Training School of Rehabilitation, Integration and Recovery, and applied in practice in a variety of rehabilitation services. For many years there was a much talk about recovery and with the help of Professor Farkas those professional that attended her training learned "to do recovery".

Moreover, with the Professional accompaniment of Prof. Farkas, the Ministry of Health in Israel established a new service of case management, developed by the Laszlo N. Tauber Foundation, which was accompanied by research and at the end of the pilot project approved to be a most effective service and therefor was expended. In addition, Prof. Farkas training in Israel reflected on the development of a professional tool for the evaluation of rehabilitation services (Fidelity Scale). The tool was developed with the assistance of a wide range of knowledge taught by Prof. Farkas over the years and helps service providers to develop recovery oriented services.







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Prof. Farkas, through her knowledge translation competencies, creates a working area, in which the staff and consumers actually illustrates the relationship of rehabilitation and this rebuilding is happening in the connection between theory and practice which makes people connect to the subjects she teaches with a feeling that they can do them on a daily basis.

We appreciate Prof. Marianne Farkas contribution in helping us shift the services in Israel towards a more recovery oriented organizations and services. We hope we will have future opportunities to learn more from her.

### Sincerely,

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