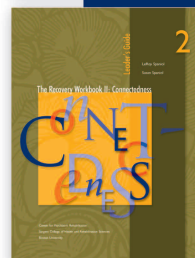
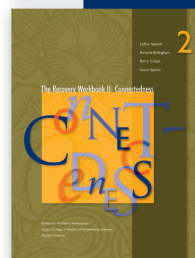
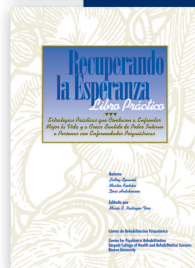
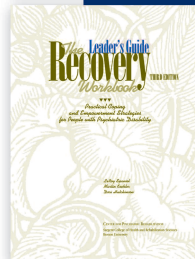
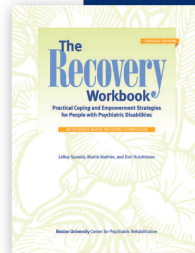


Resources for consumers/  
survivors, family members,  
and professionals...

For use as a part of a  
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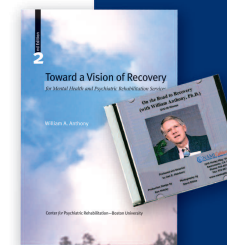
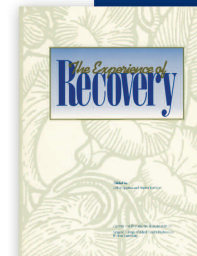
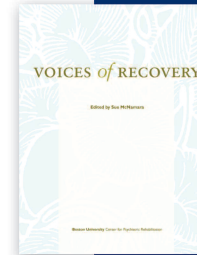
Lori Ashcraft, PhD,  
Executive Director, Recovery  
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*The Recovery Workbook* has been the cornerstone of all peer support meetings that I do. I started with *The Recovery Workbook* in the pilot phase and never lost faith in this book's potential to transform lives. Carry it under one arm, set up a group, teach the materials, and watch wonders happen.

Moe Armstrong, MBA, MA,  
Founder Vet To Vet and Peer  
Educators Project

*Toward a Vision of Recovery* pulls the reader/listener passionately into the very real vision of recovery-for-all...can be used easily by individuals and groups to promote a message of hope... identifies ways people and systems can apply the notion that recovery is possible.

Kathy Muscari, Director, CONTACT  
(self-help national technical  
assistance center)



### Voices of Recovery

Recommended as a stand alone text or for use with *The Recovery Workbook 1* and *The Recovery Workbook 2*, this compilation of personal accounts by persons with psychiatric disabilities is intended to stimulate hope and provide models for recovery. These personal accounts are in two different "voices." The first is a selection of recovery stories that were published in the Coping With column of the *Psychiatric Rehabilitation Journal* from 2000 through 2008. The second "voice" is a collection of Photovoice projects—each project includes a photograph and a short narrative explaining the personal meaning of the photograph from the photographer's point of view. These inspirational contributions remind us that recovery is not only possible—it is real.

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