Help Needed for Research Study

What does it involve?

- Participating in a one time interview of about 90 minutes about experiences of making lifestyle changes to improve physical health
- And answering a brief questionnaire.

Who can participate?

- Are you 18 years or older?
- Do you have a psychiatric condition?
- Are you located in the Boston area?
- Have you tried making lifestyle changes or participated in a program to improve your physical health?

If yes, we would like to hear from you.

Other information-

- You will be compensated for your time

If you are interested and would like to hear more, please contact-

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